

FREMONT COUNTY EMPLOYEES

The following screenings meet the requirements for the Premium Reduction Program. All tests will be provided at no cost to employees and spouses on the health insurance plan one time per calendar year.

> REQUIRED SCREENINGS

- ✓ **Blood Chemistry Panel**
Full 33 level screening that includes heart, kidney and liver functions, with lipid panel, total cholesterol, iron, glucose, TSH and more.

> OPTIONAL SCREENINGS COVERED:



- ✓ Hemogram CBC w/Diff
- ✓ PSA (for Men)
- ✓ Vitamin D
- ✓ Thyroid Panel 1
- ✓ C-Reactive Protein
- ✓ Hemoglobin A1C

For all other screenings, WHF accepts cash, check or credit card.

> BIOMETRICS:

Measurements for the biometric requirements can be done at WHF blood screening or by Penny.

- Height
- Weight
- Waist Measurement
- Blood Pressure



FREMONT COUNTY EMPLOYEES *Blood Screenings*

Dates & Times

Lander - Fremont County Library

Room A & B - 451 N. 2nd Street, Lander WY
Tues & Wed, August 25th & 26th
6:00am - 10:00am

Riverton - Fremont County Fairgrounds

1010 Fairground Road, Riverton WY
Thursday, August 27, 2020
6:00am - 9:30am



WHF recommends 12 hours fasting prior to blood draw, unless Diabetic.
Drink plenty of water and take medications as usual.

Can't attend these events?

Visit us at www.WHF.Health to find a screening near you



Casper - 115 S. Elm Street
Cheyenne - 611 E. Carlson, Suite 112
Laramie - 2835 Grand Avenue
Torrington - 2001 Main Street
Scottsbluff - 3321 Avenue i, Suite D

Appointments Strongly Recommended!

Watch your email to schedule your appointment online or call us at 800-979-3711.



Toll Free: 800.979.3711 • Fax: 307.268.8332 • mail@WHF.to

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SCREENINGS SUGGESTED YEARLY

- \$45 Blood Chemistry Panel** Ⓢ **Full 33 level screening!** CPT - 80048
 Includes heart, kidney and liver functions, with lipid panel, **total cholesterol**, HDL (good), LDL (bad) and triglycerides. Also electrolyte levels, protein, iron, **fasting glucose**, and TSH (Thyroid Stimulating Hormone) uric acid and Carbon Dioxide. *Recommended 12 hour fasting, unless diabetic.*
- \$25 Hemogram (CBC) with Differential** CPT - 85025
 A complete blood count of red and white blood cells, platelet levels, hemoglobin and hematocrit. Checks for anemia, infections and other blood disorders. Shows size of red blood cells and hemoglobin concentration.
- \$35 PSA Screening for Men** + CPT - 84153
 The PSA (prostate specific antigen) screening is one tool used to screen for prostate abnormalities. Recommended for men at age 50. However, if there is a family history of prostate cancer, it is recommended at age 40.

VITAMIN SCREENINGS

- \$45 Vitamin D, 25 Hydroxy** CPT - 82306
 Provides an assessment of overall Vitamin D status for the screening of deficiency or toxicity. Measures both D2 and D3 together to report a total 25-hydroxy Vitamin D. Vitamin D is important for mineral absorption, the immune system, strong bones and overall health.
- \$30 Vitamin B12** Ⓢ CPT - 82607
 Detects B12 deficient or elevated levels. B12 aids in the health of cells and nerves. *Recommended 12 hour fasting, unless diabetic.*
- \$45 Vitamin B12 with Folate** Ⓢ CPT - 82607; 82746
 Detects B12 and folate nutrient levels necessary for normal red blood cell (RBC) and white blood cell (WBC) formation and repair of tissues and cells. Both B12 and folate are nutrients that cannot be produced in the body and must be supplied by the diet.
 - **Biotin consumption should be discontinued for at least 72 hours prior to testing.***Recommended 12 hour fasting, unless diabetic.*

THYROID SCREENINGS

These thyroid screenings are in addition to the **Thyroid Stimulating Hormone (TSH)** that is included in our **Blood Chemistry Panel**.

- \$27 Thyroid Panel 1** + CPT - 84436; 84479
 Includes the **T3 Uptake, Total T4** (Thyroxine), and calculates a free Thyroxine index.
- \$52 Thyroid Panel 2** + CPT - 84481, 84439
 This test delivers an enhanced thyroid profile because it screens for the level of **Free T4** and **Free T3** hormones in the bloodstream. This is an important distinction, since the level of **Free T4** hormone illustrates how much is immediately available for use by cells, and measure of **Free T3** hormone in the body is considered a more accurate view of hormonal balance than a Total T3 reading.
- \$77 T3, Reverse** + CPT - 84482
 The **Reverse T3 (RT3)** test measures the inactive form of the hormone. Reverse T3 is not regularly checked as often as other thyroid hormones but may be tested when someone is experiencing symptoms of low thyroid production but shows normal results from other thyroid tests.
- \$42 Thyroid Antibodies** + CPT - 86376; 86800
 Checks for antibodies that can injure the thyroid, affecting thyroid function. Includes thyroid peroxidase (TPO) and thyroglobulin antibody.

ADDITIONAL SCREENINGS

- \$45 Men's Testosterone, Total** + CPT - 84403
 Screening used to evaluate testosterone hormone levels.
 - \$55 Women's Testosterone, Total, Women and Hypogonadal Males** + CPT - 84403
 Provides the sensitivity and specificity required for the assessment of the low testosterone levels found in women and hypogonadal men.
 - \$77 Rheumatoid Arthritis (RA) Expanded Panel** + CPT - 85652; 86140; 86200; 86431
 These tests can help identify rheumatoid arthritis and arthritis associated with autoimmune disorders. **Test includes:** C-Reactive protein (CRP) Quantitative test; cyclic citrullinated peptide antibodies; rheumatoid arthritis factor.
 - Also Includes a **Antinuclear Antibodies (ANA) Screening**. An autoimmune disorder screening, ANA is a type of auto-antibody that attacks proteins inside your cells.
 - \$52 Hepatitis C Antibody** + CPT - 86803
 This test checks for antibodies to Hep. C indicating a previous infection. The CDC recommends this test once for adults with no risks born between 1945 and 1965. Also for those who have injected drugs or were recipients of transfusions or organ transplants prior to 1992.
 - \$30 Blood Type - ABO RH** CPT - 86900; 86901
 Determination of ABO blood group type and Rh factor.
 - \$30 C-Reactive Protein (CRP) - High Sensitivity CRP** + CPT - 86141
 An elevated CRP is a marker of inflammation and can help to evaluate risk of cardiovascular disease, inflammatory disorders or infections.
 - \$30 Hemoglobin A1C** + CPT - 83036
 A screening that reflects average blood sugar levels for the past two to three months. Recommended for diabetics or those with a family history of high blood sugar. (Immediate fasting blood sugar glucose level is included in the Chemistry Profile.)
 - \$30 Ferritin** + CPT - 82728
 Indicates levels of iron protein stored in the body. Appropriate if iron levels are out of range in the Chemistry Panel.
 - \$55 Celiac Screening** CPT - 83516
 Screening of antibodies to aid in the diagnosis of gluten-sensitivity. You must be on a gluten-containing diet for antibody (blood) testing to be accurate.
 - \$77 SAR-CoV-2 Antibody Testing** CPT - 86769
 SAR-CoV-2 is the disease that causes COVID-19. This testing is obtained through one vial of blood sent to the laboratory to identify individuals, who have been exposed to the virus. This test has been authorized only for detecting the presence of antibodies against SAR-CoV-2, not for any other viruses or pathogens.
- + WHF highly recommends consultation with a physician prior to and following these tests.
 Ⓢ WHF recommends 12 hours fasting prior to blood draw, unless you are Diabetic.
 All WHF tests are non-diagnostic and intended for wellness purposes only.



We are a preferred provider for Blue Cross Blue Shield in Wyoming.

All prices in this flier apply to these events only, are subject to change without notice and based on location.